

2015-2016
McLEAN HIGHLANDERS SPORTS INFORMATION

ELIGIBILITY REQUIREMENTS

- 1. All athletes must have a physical done after May 1, 2015 and it must be on the **newly Revised March 2013** VHSL Athletic Participation/Parental Consent/Physical Examination Form. **Only one physical form is required for EACH school year. Providing false information will result in ineligibility for one year. Make a copy to keep for your records. The form will be available under files and links at www.mcleanactivities.org and in the Student Activities Office.**
- 2. **ALSO REQUIRED: MANDATED CONCUSSION PROGRAM** must be completed by the **student-athlete** and **one parent** in order to tryout. Visit www.mcleanactivities.org and click on the **"Mandatory Concussion Program Tab"** to complete.
- 3. **Emergency Care form** completed and turned in to the coach's mailbox in the Activities office.

NOTE: STUDENTS WILL NOT BE ABLE TO TRYOUT WITHOUT A COMPLETED VHSL FORM ON FILE IN THE ACTIVITIES OFFICE. DO NOT GIVE YOUR VHSL FORM TO YOUR COACH. THE FORM MUST BE TURNED IN TO THE ACTIVITIES OFFICE PRIOR TO TRYOUTS!

McLEAN HIGHLANDERS STUDENT ACTIVITIES OFFICE	
Director of Student Activities – Jim Patrick	jpatrick@fcps.edu
Asst. Director of Student Activities – Fernando Belli	fbelli@fcps.edu
Asst. Director of Student Activities – Jeremy Hayes	jlhays@fcps.edu
Administrative Assistant – Stefanie Schoepfle	seschoepfle@fcps.edu
Head Athletic Trainer – Mike Tierney	mstierney@fcps.edu
Assistant Athletic Trainer – Lisa Kavjian	lisa.kavjian@gmail.com
HOTLINE: 703-749-8138	
FALL TRYOUTS BEGIN AUGUST 3, 2015	
Cheer – Tiffany Nguyen Varsity, JV, Freshman	tiffany_nguyen@rocketmail.com
Cross Country – Megan Ney - Boys & Girls	meney@fcps.edu
Dance Team – Jesus Villeda	mcleandance@gmail.com
Field Hockey –Kieran Sweeney & Brooke Edwards	kieran.m.sweeney@gmail.com
Football –Shaun Blair- Varsity, JV, Freshman	spblair1@fcps.edu
Golf – Boys – Rick Eyerly	raeyerly@fcps.edu
Golf – Girls – Rick Eyerly	raeyerly@fcps.edu
Volleyball – Bill Musgrove- Varsity, JV, Freshman	mcleanhsvb@gmail.com
WINTER TRYOUTS BEGIN NOVEMBER 9, 2015	
Basketball – Boys – Mike O'Brien - Varsity, JV, Freshman	mpobrien@fcps.edu
Basketball – Girls – Jen Sobota- Varsity, JV, Freshman	jmsobota@fcps.edu
Gymnastics – Courtney Lesson	celesson@fcps.edu
Swim/Dive – Kyle Drake- Boys & Girls	krdrake@fcps.edu
Track/Field – Indoors – Megan Ney - Boys & Girls	meney@fcps.edu
Wrestling – Ken Jackson - Varsity, JV	kejackson@fcps.edu
SPRING TRYOUTS BEGIN FEBRUARY 22, 2016	
Baseball – John Dowling - Varsity, JV	jmdowling@fcps.edu
Boys Crew –	
Girls Crew- Bianca Arrington	bcarrington@fcps.edu
Lacrosse – Boys –Brian Simmons- Varsity, JV	bwsimmons@fcps.edu
Lacrosse – Girls –Caroline Braswell- Varsity & JV	cecochranebr@fcps.edu
Soccer – Boys – TBA - Varsity & JV	
Soccer – Girls – Rob Bouchard Varsity & JV	rabouchard1@fcps.edu
Softball – Maurice Tawil - Varsity & JV	mtawil4@yahoo.com
Tennis – Girls – Eben Donkor	ebendonkor@gmail.com
Tennis – Boys – Aavo Tomkov	aavot@yahoo.com
Track/Field – Outdoor – Boys & Girls – Megan Ney	meney@fcps.edu
<p>FOLLOW US ON TWITTER! @mcleanathletics</p> <p>www.mcleanactivities.org</p>	